

Positive Profile for A

August 2010



Let me tell you about A!

A is a very happy 5-year-old! She loves making and having friends, playing at the pool and on the playground, and music, singing, and dancing. A was diagnosed with Autism at the age of 16 months, and has participated in a variety of therapy since then, including special education preschool, Occupational Therapy, and social skills groups, among others. Her favorite TV shows currently are Phineas and Ferb and the Garfield movie.

A's strengths include

- Referencing her peers for clues about what to say and do
- Participating in group activities when they involve singing
- Following the rules
- Gross motor activities
- Preschool skills – counting, shapes, pre-reading, basic math

A has been successful at

- Learning to problem solve
- Writing her name
- Drawing basic people
- Asking for help
- Making friends

During free time at home, A likes to

- Play outside on the playset swinging and sliding
- Watch TV
- Play computer games
- Play with stuffed animals
- Play with balls

A is motivated by

- Preferred activities – playground, free play, computer time
- Desserts
- Rewards like stickers, silly bands, pick from “treasure box”

A’s greatest challenges are

- Fine motor activities
- Understanding directions
- Staying with an activity to the end (especially a non-preferred activity)
- Staying with the group once “finished”
- Sitting still

Things that upset A (ie make her cry)

- Loud toilets or other loud, sudden noises
- Not getting a turn, not going first
- Frustration when she can’t do something
- Rain, and fear that it might rain

When A is upset, I usually

1. Ask her to stop and take a deep breath
2. Ask her what the problem is
3. Ask her to come up with possible solutions
4. Work with her to find a solution that will work

At school, A will likely need support with

- Understanding the schedule
- Understanding directions
- Staying with an activity
- Breaking down an activity into its smallest parts
- Fine motor tasks
- Understanding in advance when she may not get a turn or a preferred choice
- Transitions to an un-preferred activity
- Opening her lunch items
- Calming down once upset